





Table of Contents

Page 1: Message From Our Founder

Page 2: 3rd Annual Pelofondo

Page 3: New
Partner, Dartmouth
Cancer Center

Page 4: Quarterly Sip-A-Long

Page 5: 1st Annual RHBE Golf Outing

Page 6: 5th Annual Evening to Breathe Easy

Page 7: 7th Annual RHBE Classic

A Message From Our Founder

Hello everyone,

We were recently inspired by a lung cancer patient we helped:

"I live 20 minutes from Temple, and experience shortness of breath. I need to take three buses to receive my treatment, resulting in a two-hour bus ride each way. My doctor insisted there are no delays in my treatment, so with the help of RHBE, arrangements were made so that I could still receive my life-saving treatments."

It feels so great to know we are making a difference, and it is your support and kindness that makes it all possible. We recently announced another partnership, this time with Dartmouth Cancer Center. They are the 7th organization to be in the Ride Hard Breathe Easy family, and we are excited to help lung cancer patients at this amazing organization.

With warmer weather coming, we hope to see you soon, whether on a bike, at a wine event, or on the golf course. There is a way for anyone to join, and you can learn more at www.rhbe.org/events!

3rd Annual Pelofondo

April 22 and 23

Quarterly Sip-a-Long

April 27

5th Annual Evening to Breathe Easy

May 18

• 1st Annual RHBE Golf Outing

June 19

And as we set our ambitious goals for 2023, I am reminded of something that Mother Teresa said, "None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful."

We hope you pedal, sip, or swing with us over the next few months, so together, we do something wonderful for lung cancer patients!

John

JOIN US APRIL 22 AND 23 FOR THE 3RD ANNUAL RIDE HARD BREATHE EASY PELOFONDO!





FOR THE PAST TWO YEARS, LISA ETKINS, RACHELE LEE, AND CRISTINA DOLCHIN HAVE RAISED OVER \$13,000 FOR RHBE THROUGH THIS ANNUAL EVENT!



RIDE WITH US IN THE PELOFONDO!

SATURDAY, APRIL 22 ON PELOTON!

SATURDAY, APRIL 22 AT 11AM ON ZWIFT!

SUNDAY, APRIL 23 AT 10AM IN CONSHOHOCKEN FOR A 50-MILE GROUP RIDE!

TO REGISTER OR LEARN MORE, VISIT RHBE.ORG

RIDE HARD BREATHE EASY IS EXCITED TO ANNOUNCE DARTMOUTH CANCER CENTER AS OUR NEWEST PARTNER!

"WE ARE GRATEFUL FOR RIDE HARD BREATHE EASY'S SUPPORT OF OUR LUNG CANCER PATIENTS. OUR PATIENTS ARE AT A VULNERABLE TIME, AND WITH RHBE'S SUPPORT, WE WILL HELP THOSE IN THE GREATEST NEED BY FUNDING GROCERIES, TRANSPORTATION, LODGING, AND MORE."

~ STEVEN LEACH
DIRECTOR, DARTMOUTH CANCER CENTER

Dartmouth Cancer Center





OUR NEXT QUARTERLY SIP-A-LONG TAKES PLACE ON THURSDAY, APRIL 27!





100% of past attendees would recommend to a friend!





TO HAVE WINE SENT TO YOU, BE SURE TO REGISTER AT <u>RHBE.ORG</u> BY APRIL 12!

JOIN US FOR THE 1ST ANNUAL RIDE HARD BREATHE EASY GOLF OUTING ON JUNE 19TH!

THE EVENT WILL
TAKE PLACE AT FIVE
PONDS GOLF CLUB
IN WARMINSTER,
PA. REGISTER OR
LEARN MORE AT
RHBE.ORG





Easing the suffering of lung cancer patients, one swing at a time.

REGISTRATION IS OPEN FOR THE 5TH ANNUAL EVENING TO BREATHE EASY!

MAY 18, 2023





TO REGISTER OR LEARN MORE, VISIT <u>RHBE.ORG</u>

7th Annual Ride Hard Breathe Easy Classic!



The Classic ride will take place from September 3-7!





September 16: Celebration Ride

Schuylkill River Trail



Visit RHBE.org to learn more!

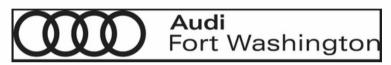
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