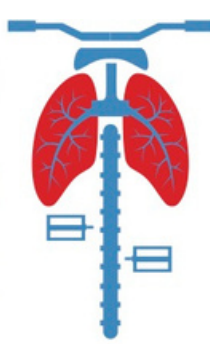


RIDE HARD



BREATHE EASY



A Message From Our Founder

Another. Great. Year!

We raised over \$135,000, enhanced our website, hosted several events, and so much more. And the most exciting news was awarding a \$50,000 gift to Temple Lung Center.

Temple's application was one of six from our partners, and our Board selected Temple's submission because it was supported by data with a clear plan to measure impact. Their program lowers barriers and increases education for patients who are screened for lung cancer, but often fail to return for screening.

We again helped **HUNDREDS** of patients, and here is a sampling of what we heard:

- "I was thinking of not completing my treatment, but your assistance enabled me to continue treatment without the added financial stress".
- "Without Ride Hard Breathe Easy, my patient, his wife and son would have been evicted from their apartment."

And we have begun plans to make 2023 for our best year ever!

- 5th Annual Evening to Breathe Easy will be May 18th at Morris Arboretum
- 1st Annual Ride Hard Breathe Easy Golf Outing will be at Five Ponds Golf Club on June 19th
- 7th Annual Ride Hard Breathe Easy Classic will take place in early September

You will see more information in the following pages, and if you want to dig in a little more before the end of the year, please consider making a tax-deductible donation at www.RHBE.org. \$25 gets a patient a ride to an appointment and makes **SUCH A DIFFERENCE!**

We hope you are enjoying the holiday season, we deeply appreciate your ongoing kindness, and look forward to seeing you in 2023!

John

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RIDE HARD BREATHE EASY GIFTS TEMPLE \$50,000!

Ride Hard Breathe Easy has gifted Temple Hospital \$50,000 to help with screening and early detection!



**RHBE making a \$13,000 donation
to Temple in 2019**



**RHBE making a \$20,000 donation
to Temple in 2020**



Dr. Cherie Erkmen

"THANK YOU, RIDE HARD BREATHE EASY, FOR YOUR GENEROSITY! THESE FUNDS WILL GO DIRECTLY TO PATIENTS WHO HAVE DIFFICULTY FINDING TRANSPORTATION, PAYING FOR PARKING, OR COORDINATING THEIR LOW-DOSE CT SCAN FOR LUNG CANCER SCREENING. WE ARE PROUD TO PARTNER WITH RIDE HARD BREATHE EASY TO FIGHT LUNG CANCER THROUGH SCREENING AND EARLY DETECTION AND ADVANCE HEALTH EQUITY BY MAKING THIS TECHNOLOGY AVAILABLE TO EVERYONE."

RIDE HARD BREATHE EASY DONATED TO FOX CHASE CANCER CENTER AND CROZER HEALTH!



**RHBE PRESENTING A CHECK
TO FCCC FOR \$20,000**

**RHBE PRESENTING A CHECK
TO CROZER FOR \$10,000**

**There is still time to make an end-of-the-year donation
to Ride Hard Breathe Easy!**

To donate or learn more, visit www.rhbe.org

UPCOMING EVENTS!

January 19, 2023: January Sip-A-Long



100% of past attendees would recommend to a friend!

"It was great! Definitely will join next time!"



To have wine sent to you, be sure to register by January 5th!

February 11, 2023: ZWIFT Ride-A-Long



March 11, 2023: PELOTON® Ride-A-Long



To learn more about our events, visit www.rhbe.org

THE 5TH ANNUAL EVENING TO BREATHE EASY WILL TAKE PLACE MAY 18, 2023!



**THE EVENT WILL ONCE AGAIN BE AT
THE MORRIS ARBORETUM!**

**REGISTRATION OPENS JANUARY 1ST AT
WWW.RHBE.ORG**

1ST ANNUAL RIDE HARD BREATHE EASY GOLF OUTING!

JUNE 19, 2023
FIVE PONDS GOLF CLUB



BRING A FOURSOME FOR A GREAT CAUSE!

REGISTRATION OPENS FEBRUARY 1ST AT
WWW.RHBE.ORG

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