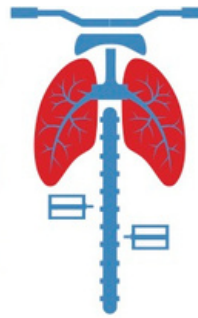
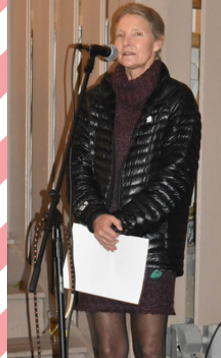


RIDE HARD



BREATHE EASY



We love you, Isabella.

Table of Contents

Page 1: We love you, Isabella.

Page 2: What a year we had in 2023

Page 3: More progress over the past few months

Page 4: Join us in the 1st half of 2024

Page 5: A few final words

On December 2nd, the extraordinary Isabella de la Houssaye passed away from lung cancer at the age of 59. Isabella was a friend to us, and everyone involved with Ride Hard Breathe Easy. We have received countless messages about how she inspired people, that she was “invincible”, and how she made a difference with her advocacy for lung cancer.

Isabella was diagnosed with Stage IV lung cancer in 2017, and she was given six months to live. Not so, said Isabella, and she lived, and really lived for six more years.

We had the pleasure of riding several times with her, and we watched in amazement as she also completed an Ironman last November and did a marathon in Antarctica in February of this year. Yes, that marathon was her 7th continent.

We will decide in the coming weeks what we will do to thank and honor her, and how you can participate. As her husband David wrote, “Those who knew Isabella will understand that the greatest thing you could do to honor her memory would be to sign up, participate in, and complete an athletic event or another endeavor which is just outside your current comfort zone. She would often say it is not about managing your fears, it is about expanding your comfort zones.”

Isabella, we admire you, we thank you, and we miss you.

Love,

Beth, Chelsea, Cherie, Barry, Dave, and John

WHAT A YEAR WE HAD IN 2023

We added two partners and expanded our work with Jefferson Health!



Thank you!

We again raised more \$ than ever before!

We hosted our first Annual RHBE Golf Outing!



WE HELPED OVER 1,000 PATIENTS!

DID YOU KNOW?

**RIDE HARD BREATHE EASY TURNS 5 ON
FEBRUARY 15TH!**

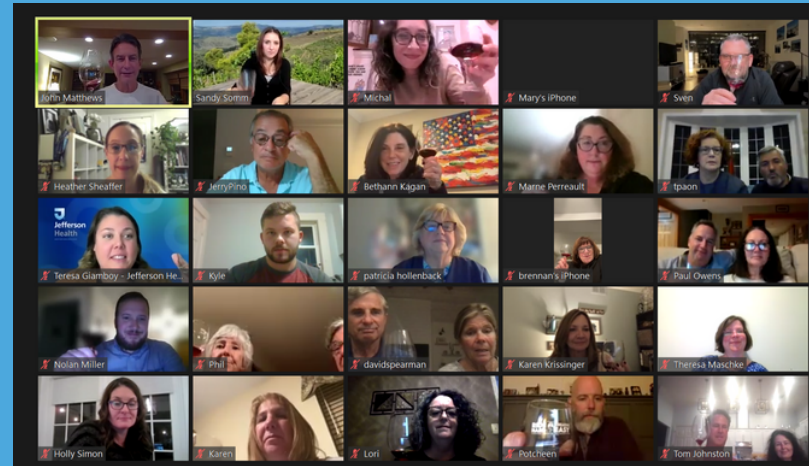
MORE PROGRESS OVER THE PAST FEW MONTHS



Congratulations to our 2023
Innovation Award Winner
Fox Chase Cancer Center!

Our final Sip-a-Long to
celebrate 2023.

Thank you, Sandy Somm!



Drink Beer. Do Good.
We were there!

**Thank you, Victory
Brewing!**

JOIN US IN THE 1ST HALF OF 2024!

February 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

Iron Hill in Huntingdon Valley



April 2024						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1						
2						
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Ride with Lisa and Friends in Pelofondo April dates TBD



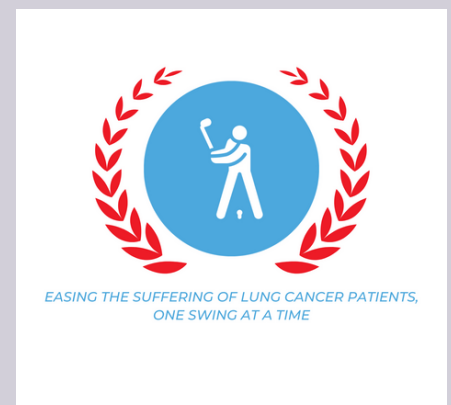
May 2024						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

6th Annual Evening to Breathe Easy at Morris Arboretum



June 2024						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

2nd Annual RHBE Golf Outing at Five Ponds Golf Club



A FEW FINAL WORDS

Your support is making a difference!

"We are so grateful, you have no idea what a difference this makes for us."

Patient, Crozer Health

I could not afford this care without this financial assistance, so the only reason I got my scan was because of Ride Hard Breathe Easy.

Patient, Duke Cancer Institute

"One of our patients received a shutoff notice from PECO. Thanks to Ride Hard Breathe Easy, she kept her electricity on by paying her bills."

Patient, Temple Health

Thank you for being a part of our success in 2023, and we hope to see you again in 2024!

There is still time to donate at www.rhbe.org.