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# Ride Hard Breathe Easy's 2024 Q1 Newsletter

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# A Message from our Founder

Hello everyone,

Winston Churchill once famously said, “We make a living by what we get. We make a life by what we give.”

At Ride Hard Breathe Easy, we are so grateful for your generosity and support over the past five years. We helped over 800 people in 2023, and we are determined to do more in 2024.

The next three months are our busiest time of the year, and there is a way for just about anyone to join us. You will see more information on the next pages on what is coming up and how you can participate. And, you can learn more at [www.rhbe.org/events](http://www.rhbe.org/events).

We are always inspired by what we hear from our partners on how we help their patients. For example, one patient recently said, “My wife and I just can’t get out from under this black cloud. We feel like you are a life saver as you’ve eased so much worry about our bills”.

Let’s keep it up! We are all making a difference!

John

5

Easing the suffering  
of lung cancer  
patients **since 2019**

# Ride Hard Breathe Easy Turned 5!

**5 Years, 7 partners, \$800,000 raised  
to assist lung cancer patients who  
need help now.**

Thank you to our partners, volunteers,  
patients, and everyone who has  
supported our mission, and to raise  
awareness for the disease.



# Mark your Calendars

## **Pelofondo - April 20th and 21st**

Expand your comfort zone, and ride **Any Bike, Any Distance, Anywhere** to support lung cancer patients and caregivers

## **Annual Evening to Breathe Easy - May 9th**

A night of hope and fun with guest speakers, auction items, food, drinks, music, and more at **Morris Arboretum**

## **RHBE Golf Outing - June 28th**

A day of fun to support lung cancer patients, one swing at a time at **Five Ponds Golf Club**

## **RHBE Classic - September 1st-5th**

*Come have a great time on the road!*

*Ride to the shore on September 1st, or ride with us for 5 days!*

## **RHBE Celebration Ride - September 14th**

*20 or 50 mile ride along the **Schuylkill River Trail***

[www.rhbe.org/events/](http://www.rhbe.org/events/)





# Ride Hard Breathe Easy is 7 Partners Strong



*Together we are Ride Hard Breathe Easy*

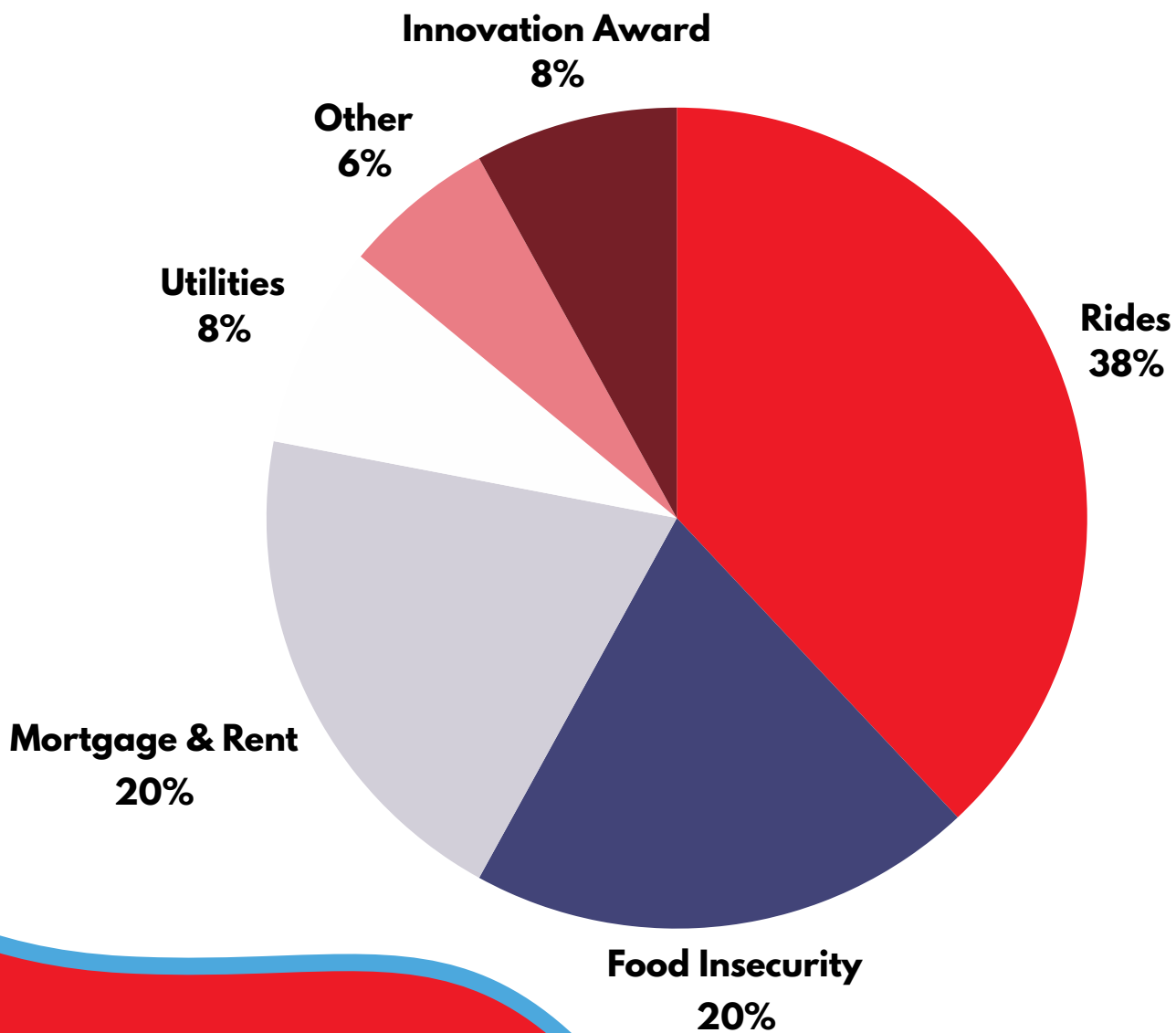
*“There is no doubt that I would not be here today without your help. I would have just given up. I had no way to get to all these appointments and cannot afford to buy the food I need.”*

*Lung Cancer Patient*

# This is how you're helping!



## *Many Hands Make Light Work*



# Together we Sipped



# Cheers!